

Victoria Cofield-Aber, LCSW-C

# Rates & Insurance



## Rates

- Initial Assessments \$250 per 90 minutes
- Individual Sessions \$110 per 60 minutes
- Family Sessions \$100 per 60 minutes
- Couples Sessions \$115 per 60 minutes
- Group Sessions \$50 per 90 minutes
- Comprehensive Reports \$350
- Home Study for Adoption \$1,000 per assessment

## Insurance

Services may be covered in full or in part by your health insurance or employee benefit plan. I accept most major insurance companies and Medicaid/Medicare. Please check your coverage carefully by asking the following questions:

- Do I have mental health insurance benefits?
- What is my deductible and has it been met?
- How many sessions per year does my health insurance cover?
- What is the coverage amount per therapy session?
- Is approval required from my primary care physician?

## Payment

**Copays and Deductibles are due at the time of service** Credit Card, Check, Cash App, InstaMed are accepted for payment.

### Cancellation Policy

If you do not show up for your scheduled therapy appointment, and you have not notified us at least 24 hours in advance, you will be required to pay the full cost of the session.

### Schedule Online

Request a therapy appointment online [here](#) .

### Contact

Questions? Please [contact me](#) for further information.

Please sign below to confirm that you have read and understand that copays and deductibles are due at the time of service.

---

Signature

---

Date